

## SCHOOL BRIEFS

### St. Thecla celebrates Catholic Schools Week

CLINTON TOWNSHIP — St. Thecla Catholic School in Clinton Township celebrated Catholic Schools Week with a combination of fun activities and service-minded events throughout the week that encouraged students to think of others. Student brought in an extra bagged lunch on Jan. 27 that was donated to a local shelter. They also brought in non-perishable food items to donate on Jan. 29 to show the growing need to help others.

Other activities involved the students showing their appreciation for staff at the school by writing thank you notes to them.

For some fun, students were encouraged to show their personality Jan. 27 on Funky Sock Day. Students from De La Salle's show choir performed for students, and on Jan. 30, the older and younger students teamed up to play Buddy BINGO.

Catholic Schools Week also included the traditional Holy Mass.

St. Thecla Church and School is located at 20740 S. Nunneley Road in Clinton Township. Call the school at (586) 791-2170 for more information.

### Auction benefits school activities

FRASER — The Activities Department at Fraser High School is hosting silent and live auctions at the Vintage House during a Feb. 27 fundraiser. Proceeds from the event will benefit the classes of 2009, 2010, 2011 and 2012, and activities officials hope to eliminate all other fundraisers if the auction is successful.

Money raised will be used to offset homecoming costs, prom costs, spirit week costs and other activities that students take part in.

The Activities Auction will be 7 p.m.-midnight. The \$25 ticket price includes hors d'oeuvres, a pasta bar, chocolate fountain, all beverages and entertainment. Payment for any auctions won will be due that night.

Advance tickets are available by calling Nancy Skopas at (586) 439-7353. The Vintage House is located at 31816 Utica Road in Fraser.

### Staff trains to prepare healthier lunches

FRASER — The Fraser High School Career and Technical Education Department and the Culinary Arts program hosted a Healthy Cuisine for Kids training seminar. The Michigan School Cooks seminar teaches districts how to prepare healthier meals

that are compliant with dietary guidelines.

The seminar consists of five labs where they learn 50 recipes; hands-on activities to promote the use of vegetables, fruits, whole grains and healthy desserts; and cooking techniques to reduce fat, sodium and sugar.

Janet Gaffke and chef Dave McNamara from the L'Anse Creuse school district taught the culinary staff members from local schools that attended.

Healthy Cuisine for Kids was developed by the National Food Service Management Institute and is funded by a USDA Team Nutrition grant. Fraser was one of six locations in Michigan to host the seminar.

### Career night planned

FRASER — On Feb. 19, Fraser High School's Health Occupations Students of America will host their second annual career night. The event will inform attendees about the work that medical therapy specialists do and what a typical day is like. Students and their parents are welcome to attend the event, held at the high school at 34270 Garfield Road, in Room 1212 in the building's north end. The event takes place from 7-9 p.m. and refreshments will be served.

— HEIDI ROMAN